

**University of Pittsburgh**

School of Education

Lesson Plan

Prekindergarten Practicum / Fall Term

**Student Name:** Brianna Amoscato

**School/District:** Carnegie Mellon Children's School

**What is the big idea that includes your lesson?**

The world is made up of many different colors. Different colors make people feel different things.

**Lesson Objective(s)**

The student will be able to think about and provide examples of different emotions and how different colors make them feel by listening to the book "My Many Colored Day" by Dr. Seuss as well as engaging in emotional painting during small group time.

**Standards**

**Standard 16.1.K.A:** The students will be able to distinguish between emotions and identify them in socially acceptable ways.

**Standard 9.4 Aesthetic Response to Art:** student will respond to works of art by expressing feelings.

**Standard 1 Reading, Writing, Speaking and listening 1.6.K.A:** Listen and respond appropriately to others in small and large group situations.

**1.6.K.B:** Speak clearly enough to be understood by all audiences using appropriate volume. Share stories, familiar experiences and interests, employing gestures where appropriate.

## **Materials Needed for Lesson**

- Two easels
- Paint brushes and paint
- 7 cut outs of different colored people to recall details from the story
- The book “My Many Colored Days” by Dr. Seuss
- Different colored shirts
- White paper and colored paint
- Music playlist to use during the emotional painting center

## **Lesson Launch**

The teacher will quietly sing a version of the song “If You’re Happy and You Know It” and the students will follow the teacher as she does the corresponding movements. The teacher will begin playing the happy and you know it song on the flute.

If You're Happy and You Know It  
If you're happy & you know it (clap your hands)  
mad-stamp your feet  
sad-say boo hoo (rub eyes)  
hungry-rub your tummy  
sleepy-close your eyes  
excited-yell hooray (raise arms overhead)  
(sit down)

## **Content to be taught or discussed**

The teacher will explain to the students that we have many emotions! The song we just sang about talked about many of the emotions that we have. The teacher will ask the students to name some of the emotions that were listed in the song (mad, sad, hungry, sleepy, excited.) How are you feeling today? The teacher will review the graph that she made based on what the students in class said they felt that particular morning.

The teacher will also explain that sometimes, the music or the colors around make us feel a certain way.

The teacher will introduce the book entitled “My Many Colored Days” by Dr. Seuss. Periodically throughout the book, the teacher will ask the students if they have ever felt really happy or really sad or “low” before. Personal experiences will be tied to the pictures in the book. The teacher will also ask the students to help her out with some of the movements that are presented throughout the book such as the flapping of wings and the buzzing of the bees. Afterwards, the teacher will hold up one of the colors that were talked about in the book and will ask the students if they remember what animal went with that specific color.

## **Lesson Close**

The teacher will explain to the students that one of the small group activities today has them listening to music and painting on their easels. The music may make them feel happy or it may make them feel sad, but they will be asked to create an artistic picture from the music they are listening to. How does this music make you feel? The teacher will take a picture of how the student feels and dictate what the child said on their picture.

## **Adaptations**

During the circle time activity, the teacher should make sure that every student who has their hand raised is able contribute to the conversation. The teacher may prompt some students with specific questions such as

“Can you remember what animal was the color red?” Adaptations will be made for students who need to sit closer or farther away on the rug depending on their attention level. In addition, the teacher will have an example of a musical painting already made for those who need to look at an example before they begin.

For some students, the concept of emotion and color may be difficult. Thus, it is important to include the color and the facial expression for those students.

## **Extensions**

For students who are easily able to understand this concept of color and emotion, the teacher will encourage those students to share an experience about a time where they felt sad or lonely and why they felt this way.

