

University of Pittsburgh
School of Education
Lesson Plan

Prekindergarten Practicum / Fall Term
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School/District: Carnegie Mellon Children's School

What is the big idea that includes your lesson?

Native Americans have different hunting traditions, different warrior poses and beats they would listen to.

Lesson Objective(s)

Students will learn three different warrior poses by participating in warrior yoga.

Students will listen to and follow directions by participating in an interactive story and a hunting game.

Standards

Standard 9.4 Aesthetic Response to Art: student will respond to works of art by expressing feelings.

Standard 1 Reading, Writing, Speaking and listening 1.6.K.A: Listen and respond appropriately to others in small and large group situations.

1.6.K.B: Speak clearly enough to be understood by all audiences using appropriate volume. Share stories, familiar experiences and interests, employing gestures where appropriate.

World History: 8.4.K.C: Identify different aspects of different cultures from around the world.

Materials Needed for Lesson

- Masks/materials for the skit/legend
- Music/tambourine for the hunting game
- Children and culture book/Raven book

Lesson Launch

The teacher will begin the lesson with a repeat after me song by the Plains Indians:

Ya ha ha-way!

Ya ha ha-way!

Ya ha ha-way!

Ya ha ha-way!

Ha ha ho ha ha ha-way

Ha ha ho ha ha ha-way

(Repeat this two or three times until the students are comfortable singing it.)

The teacher will review the song and then have the left side of the rainbow carpet be group A and the right side of the rainbow carpet be group B. The left side will lead the chant and the right side will copy. Afterwards, we will switch sides so that group B will be leading and group A will be following.

Main Lesson:

The teacher will tell a story using three wolves and a groundhog. Afterwards the teacher will have the students participate in the lesson. The teacher will be the groundhog and the narrator and the students will be the wolves. Afterwards, the teacher will tell the children how careful the Native American hunters were. In fact, they were just as sneaky and careful as the groundhog was when hunting. Students will participate in interactive yoga where the teacher shows the students mountain pose, warrior pose and ready pose. The teacher will explicitly teach each pose and then the teacher will call out poses to see if the students can copy the pose.

In the second portion of the lesson the students will pretend to be hunters. The teacher will give them a way in which they have to slowly move around the classroom. The teacher might ask the students to tiptoe, crouch down or hold their arms out. The teacher will be playing music. When the music stops the children must freeze and the teacher will shout out a pose (warrior, mountain or tipi pose.) This activity is mainly to see if the students are able to follow directions while releasing energy.

Lesson Close

The teacher will close the lesson by reading a short book entitled "Raven" which is another Native American legend.

Adaptations

During the circle time activity, the teacher should make sure that every student who has their hand raised is able contribute to the conversation. The teacher may prompt some students with more complicated questions depending on their listening skills.

Teacher will give extra help to students who are having a difficult time doing the warrior poses or following directions.

Extensions

The teacher will provide more complex, open ended questions for students who are in need of enrichment during the reading of the stories or the completion of the activities.

